

1. No tools required. Unpack the box. Insert the casters into the base. Turn the base over.

2. Place the cushion and steel plate over the top of the gas cylinder.

3. Adjust the back bar at desired height. Tighten.

4. After inserting the gas cylinder into the base, slide the footring up the gas cylinder and secure the footring.

5. Insert back bar through the steel plate.

6. Insert the plastic pin onto the back bar.
